

# CRJW

CENTER FOR RESTORATIVE JUSTICE WORKS



## COMMUNITY RESOURCE GUIDE

*Working to promote family reunification.*

This program is fully funded by the California Department of Corrections and Rehabilitation through the Office of Female Offender Programs and Services and administered in partnership with the Center for Restorative Justice Works to promote family reunification.

Resource Created by: Center For Restorative Justice Works  
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## TABLE OF CONTENTS

<b>YOUTH CAMPS AND MENTORING RESOURCES</b> .....	4
<b>Big Brothers/ Big Sisters</b> .....	4
<b>Camp Suzanne</b> .....	4
<b>Camp Grace</b> .....	4
<b>Calicinto Ranch</b> .....	4
<b>Kairos Outside Retreats</b> .....	5
<b>Project Avary</b> .....	5
<b>RESOURCES FOR CAREGIVERS</b> .....	6
<b>California Mentor</b> .....	6
<b>Center For Restorative Justice Works</b> .....	6
<b>Community Coalition Kinship in Action Center</b> .....	6
<b>Family Support Services of the Bay Area (FSSBA)</b> .....	6
<b>Friends Outside</b> .....	7
<b>Friends Outside Los Angeles County</b> .....	8
<b>Grandparents as Parents</b> .....	8
<b>Grandma's Angels</b> .....	8
<b>Generations United</b> .....	9
<b>Grandma's House (Project of the Children's Institute, Inc.)</b> .....	9
<b>Kinship Care</b> .....	9
<b>Place4Grace</b> .....	9
<b>Prison Fellowship</b> .....	10
<b>Sesame Street</b> .....	10
<b>SERVICES AND ADVOCACY RESOURCES</b> .....	11
<b>2-1-1</b> .....	11
<b>A New Way of Life</b> .....	11
<b>Alliance for Children's Rights</b> .....	11
<b>Centerforce</b> .....	11
<b>Child Welfare Information Gateway – Protecting Children – Strengthening Families</b> .....	12
<b>Families and Criminal Justice</b> .....	12
<b>Folsom Cordova Community Partnership</b> .....	12
<b>Get On The Bus</b> .....	12
<b>Jesuit Institute for Family Life International Network</b> .....	13
<b>Legal Services for Prisoners with Children (LSPC)</b> .....	13
<b>Legal Aid Foundation of Los Angeles</b> .....	13
<b>Legal Aid Society of San Diego</b> .....	14

Legal Services of Northern California .....	14
Prisoner Reentry Network .....	16
POPS the Club.....	16
Project WHAT!.....	16
Transition4Success .....	16
<b>COVID-19 RESOURCES</b> .....	18
<b>General Information for COVID-19</b> .....	18
<b>2-1-1</b> .....	18
<b>Disaster Distress Helpline</b> .....	19
<b>Domestic Violence Hotline - National</b> .....	20
<b>Food Assistance</b> .....	20
<b>Help with Income Loss</b> .....	22
<b>Internet Services</b> .....	22
<b>Project Base Line</b> .....	22
<b>Rent or Mortgage</b> .....	22
<b>Suicide Prevention Hotline</b> .....	23
<b>Social-Emotional Support for Children/Teens</b> .....	23
<b>Utility Support</b> .....	23

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 Josue Avalos \*Hablo Español  
 Office Phone (818) 980-7714 Ext. 18  
 Email: [javalos@crjw.org](mailto:javalos@crjw.org)

Chief Executive Officer/Executive Director:  
 Lupe Rivera \*Hablo Español  
 Office Phone: (818) 980-7714 Ext. 13  
 Email: [lriviera@crjw.org](mailto:lriviera@crjw.org)  
 General Email: [info@crjw.org](mailto:info@crjw.org)

**California Department of Corrections and Rehabilitation Contact Information**

Mona Riffe - AGPA  
 CDCR-Division of Adult Institutions  
 Female Offender Programs & Services/ Special Housing  
 Phone: (916) 323-2069  
 Email: [mona.riffe@cdcr.ca.gov](mailto:mona.riffe@cdcr.ca.gov)  
 FOPS Main Line: 916-322-3684

## YOUTH CAMPS AND MENTORING RESOURCES

### Big Brothers/ Big Sisters

Big Brothers Big Sisters seeks to change the lives of children facing adversity between 6 and 18 years of age. Our unique brand of one-to-one mentoring, in which a child facing adversity is carefully matched with a caring adult mentor in a relationship supported by professional Big Brothers Big Sisters staff members, changes lives for the better forever.

1530 James M. Wood Blvd., 2nd Floor  
Los Angeles, CA 90015  
Phone: (213) 251-9800

[info@catholicbigbrothers.org](mailto:info@catholicbigbrothers.org)

Los Angeles County Chapter <http://catholicbigbrothers.org/>  
Big Brothers and Big Sisters of America <http://www.bbbs.org/>

### Camp Suzanne

A program of the Center For Restorative Justice Works, Camp Suzanne reuniting families with camp activities and extended visitation. The camp program is a combination of art and family support with a multidisciplinary approach. Artists create an environment of fun and educational activities aimed at building stronger relationships.

Inspired mom-child teams develop art projects and discover new family bonds. Through simple conversations, while working on art projects, playing games or making music, mothers experience rare moments of just being a Mom, listening to and encouraging their children to dream.

Camp Suzanne is a meaningful week-long summer program for children to heal and reconnect with their incarcerated mothers by creating art together.

2350 W. Beverly Blvd. Suite 200  
Montebello, CA 90640  
Phone: (818) 980-7714

[info@crjw.org](mailto:info@crjw.org) or [lrios@crjw.org](mailto:lrios@crjw.org)  
[www.crjw.us](http://www.crjw.us)

### Camp Grace

A program of Place4Grace, Camp Grace is a five-day music and art-based program in which children spend extended bonding time with their incarcerated fathers.

P.O. Box 750  
Menifee CA, 92586  
Phone (760) 412-7585  
Email: [karen.mcdaniel@theplace4grace.org](mailto:karen.mcdaniel@theplace4grace.org)  
[www.ThePlace4Grace.org](http://www.ThePlace4Grace.org)

### Calicinto Ranch

Calicinto Mountains has collaborated with Prison Fellowship Ministries and has become known as an official campsite for Angel Tree Camping. The Ranch is in the foothills of the beautiful San Jacinto and hosts

children who have an incarcerated parent. Children get to experience a life-changing week of camping at no cost to them or their families.

Postal Box 1225  
San Jacinto, CA 92581  
Phone: (951) 654-6838  
Fax: (951) 487-1105  
[info@calicintoranch.org](mailto:info@calicintoranch.org)  
[www.calicintoranch.org](http://www.calicintoranch.org)

### **Kairos Outside Retreats**

Kairos Outside is designed to support the families of men and women who are or have been incarcerated in the country's state and federal correctional facilities, as well as county jails and youth offender programs. This support is first provided in a safe environment with Christian people during a Kairos Outside weekend. strength in their life's journey.

Jo Chatman  
Phone: (407) 629-4948  
Kairos Outside (Program) <http://www.kairosprisonministry.org/kairos-outside-womens-program.php>  
Main Website: [www.kairosprisonministry.org](http://www.kairosprisonministry.org)

### **Project Avary**

A mentoring program whose mission is to cultivate a community of support for children whose parents are imprisoned or otherwise involved with the criminal justice system. Avary targets the neglected population of pre- adolescent children who have not yet entered the cycles of violence and incarceration, and work with them through young adulthood. Year-round programming gives the children ongoing opportunities to learn how to manage anger and resolve conflict and to discover and develop unique personal strengths. Avary offers structure, a network of positive relationships, and experiences.

385 Bel Marin Keys Suite G.  
Novato, CA 94949  
Phone: (415) 382-8799  
[info@projectavary.org](mailto:info@projectavary.org)  
[www.projectavary.org](http://www.projectavary.org)

## RESOURCES FOR CAREGIVERS

### California Mentor

California MENTOR believes children belong in the family home whenever it is safe and possible. Through our Family Support Services, we help families of youth at risk with complex mental health, behavioral and other needs overcome the challenges they face together. Our diverse, multilingual specialists support families from a wide range of backgrounds who may be facing:

- Out-of-home placements or reunification
- Trauma from substance abuse and domestic violence
- Involvement with the juvenile justice system
- Behavioral and mental health challenges

For more information, please call 1-855-MENTOR2.

### Center For Restorative Justice Works

The Center for Restorative Justice Works (CRJW) was founded in October 2007, to innovate a broad, grass-roots, response to those impacted by crime and the criminal justice system. We advocate, educate and demonstrate the critical need to mend, re-weave and re-connect the primary relationship between child-parent, families-loved ones, a community in and out of prison. CRJW promotes systemic change. We promote a restorative justice agenda. We work to advance principles of healing, right relationship for the common good.

Currently, there are five programs under the CRJW umbrella: Family Express, Camp Suzanne, Cross Over, Get On The Bus, and Transition4Success.

2350 W. Beverly Blvd. Suite 200  
Montebello, CA 90640  
(818) 980-7714

[info@crjw.org](mailto:info@crjw.org)

[www.crjw.us](http://www.crjw.us)

### Community Coalition Kinship in Action Center

The Kinship In Action Center is a unique one-stop resource shop to support and advocate for Relative Caregivers. If you are a relative caregiver who needs support and wants to get involved in improving kinship care in South LA, visit the kinship center.

1000 W. 78th St.  
Los Angeles, CA 90044

Phone: (323)750-6787

Email: [joseph@cocosouthla.org](mailto:joseph@cocosouthla.org)

### Family Support Services of the Bay Area (FSSBA)

Family Support Services provides home-based and community-based support to parents and other caregivers of vulnerable children; those who are disabled, medically fragile, drug exposed, abused or neglected, and those at risk of abuse or neglect.

San Francisco Location  
205 13th Street, Ste 3150  
San Francisco, CA 94103  
Phone: (415) 861-4060  
Fax: (861-4410  
Email: [info@fssba.org](mailto:info@fssba.org)  
<http://www.fssba.org>

Oakland Location  
303 Hegenberger Road, Suite 400  
Oakland, CA 94621  
Phone: (510) 834-2443  
Fax: (510) 834-1548  
Email: [info@fssba.org](mailto:info@fssba.org)  
<http://www.fssba.org>

## Friends Outside

Mission is to improve the quality of life of families and children impacted by incarceration and assist with successful community reentry and family reunification for those transitioning from confinement to freedom. Friends Outside offers caring, evidence-based services to adults and youth who are incarcerated, reentering the community or at risk, so that they, their families and neighborhoods can be safe and thrive.

Visitor Centers offer a comfortable, welcoming place of respite. Centers offer comfortable seating areas, restrooms, children's toys, changing tables for babies and a well-trained, understanding staff.

**Clothing:** Sometimes visitors arrive at the prison dressed in clothing that violates institutional rules for visitor attire. Visitor Centers loan appropriate clothing, ensuring that the visit can still take place and that the visitors feel comfortable. Clothing is available for men, women and children in a wide range of sizes.

**Transportation:** Passenger van transportation between the institution and local public transportation terminals is provided for visitors, who may arrive at a transit station located some distance from the prison. Friends Outside drivers both pick up and deliver visitors. Sometimes the ride provides an opportunity for visitors to connect with others experiencing similar situations.

**Resources and Information:** Visitors may need directions, information about local restaurants or motels, or public transportation schedules. Families may also be in need of emergency assistance such as shelters, food banks and social services. Friends Outside staff offer support and assistance.

**Information regarding visiting rules and regulations:** State prison rules and regulations can be confusing and intimidating. Friends Outside's Visitor Center staffs are available to explain regulations and help visitors to comply.

P.O. Box 4085 Stockton, CA 95204  
Phone: (209) 955-0701  
E-mail: [gnewby@friendsoutside.org](mailto:gnewby@friendsoutside.org)  
[www.friendsoutside.org](http://www.friendsoutside.org) (Includes chapters throughout California)

## Friends Outside Los Angeles County

The mission of Friends Outside in Los Angeles County (FOLA) is to assist children and families, inmates, and former inmates with the immediate and long-term effects of incarceration, and to act as a bridge between those we serve, the community at large, and the criminal justice system, thereby enhancing the character of justice.

Programs include:

Dad is Back Academy: The Dads Back! Academy provides comprehensive services for up to 6 months including activities centered on Responsible Parenting, Healthy Marriages, Skills Building and an Economic Stability job preparation program for reentering fathers.

Forward Focus: Workforce Training

Project Impact: Project imPACT is an employment-centered program created to assist its participants (called Fellows) with eliminating barriers to employment.

261 E. Colorado Blvd., Ste. #217

Pasadena, CA 91101

Contact: Coralito Arambula, Administrative Assistant

Phone: (626) 795-7607, ext. 102

Fax: (626) 795-1476

E-mail: [info@friendsoutsidela.org](mailto:info@friendsoutsidela.org)

<https://www.friendsoutsidela.org/>

## Grandparents as Parents

Mission is to provide programs and services that meet the urgent and ongoing needs of grandparents and other relatives raising at-risk children. Support programs include emergency referrals for food, housing and other essentials; crisis counseling, intervention and support groups; workshops and educational programs; advocacy on behalf of caregiver families to schools, doctors and the legal system; community outreach programs, respite care; and advocating with, and educating, government officials and institutions about the rights and concerns of caregiver-headed families.

Sylvia De Toledo

22048 Sherman Way, Ste 217

Canoga Park, CA 91303

(818) 264-0880

[vyw@grandparentsasparents.com](mailto:vyw@grandparentsasparents.com)

Or other areas:

(562) 421-7991, (562) 924 3996, (310) 839-2548, (818) 789-1177, (310) 839-2548, (818) 789-1177

Office of GAP's Executive Director

(818) 264-0880

## Grandma's Angels

Grandma's Angels is a support organization whose mission is to inform the relative caregiver which direction to turn for help, education, health, respite, information and resources. Provides connections, support, and education; LOTS of information for families in kinship care.

Jean Crisp: (661) 947-7063

Gwen Bartholomew: (818) 759-1312



Bonnie De La Cruz : (310) 671-6875

## **Generations United**

Unites and supports families where the grandparent(s) or other relative(s) is raising a child and may or may not have a legal relationship to the child who is related by blood, marriage or adoption. Includes grandparents and other relatives raising children.

1333 H Street, NW, Suite 500W

Washington, DC 20005

Phone: (202) 289-3979

Fax: (202) 289-3952

Email: [gu@gu.org](mailto:gu@gu.org)

[www.gu.org](http://www.gu.org)

## **Grandma's House (Project of the Children's Institute, Inc.)**

Kinship support services for relative caregivers and children.

711 S. New Hampshire Avenue

Los Angeles, CA 90005

Phone: (213) 385-5100

Fax: (213) 383-1820

## **Kinship Care**

Kinship Care Services' mission is to provide information, resources, services and support to relative caregivers and their children to enhance the family unit promoting permanency, safety and reduced reliance on detentions.

Kinship Care Liaisons provide relative caregivers and their Children Services Workers with information about Kinship-related issues such as KinGAP, adoptions, orientation and KEPs training, home approval process, permanency options and planning, and the Kinship Resource Center Services. They also fulfill an important role in establishing a closer service-oriented relationship with community-based agencies and organizations providing support, services and resources to Kinship families.

Toll Free Number to contact both Kinship Resource Centers

1-888 MY Grand (694-7263)

James L. Blaydes, CSA II Kinship Resource Center-South 9834 Norwalk Boulevard

Santa Fe Springs, CA. 90670 (562) 777-1748

Email: [bladeja@dcs.lacounty.gov](mailto:bladeja@dcs.lacounty.gov)

Michael Scoggins, CSA II Kinship Resource Center-North 5035 West Slauson Avenue, #G Los

Angeles, CA. 90056

Phone: (323) 290-8697

Email: [scoggins@dcs.lacounty.gov](mailto:scoggins@dcs.lacounty.gov)

## **Place4Grace**

P.O. Box 750 Menifee

CA, 92586

Phone (760) 412-7585

Email: [karen.mcdaniel@theplace4grace.org](mailto:karen.mcdaniel@theplace4grace.org)

[www.ThePlace4Grace.org](http://www.ThePlace4Grace.org)

## **Prison Fellowship**

Support for Friends and Family of Inmates

<https://www.prisonfellowship.org/resources/support-friends-family-of-prisoners/>

## **Salvation Army**

The Salvation Army Angel Tree program is a holiday program designed to raise in-kind gifts to assist families who are in crisis as a result of medical issues, unemployment, homelessness, medical issues or other difficult circumstances and who otherwise wouldn't have the resources to celebrate Christmas.

Southern California: <https://www.salvationarmy-socal.org/southern-california/angel-tree>

Northern California: <https://salvationarmynorth.org/>

## **Sesame Street**

Provides activities, tip sheets, and videos for caregivers and professionals to help explain incarceration to children and facilitate communication about children's emotions. For tool kit please visit:

<https://sesamestreetincommunities.org/topics/incarceration/>

## SERVICES AND ADVOCACY RESOURCES

### 2-1-1

2-1-1 is a free, confidential phone service available 24/7 to assist you and your family during emergencies and with everyday needs. You can call for free from any phone. Services vary by community, but the list below gives a well-rounded sampling of the help that may be available to you:

- Financial / Public Assistance Programs
- Housing Assistance / Emergency Shelter Programs
- Parenting Resources
- Mental Health Services
- Legal Services
- Food Bank / Hot Meal Center Information
- Employment Services
- Transportation Services

### A New Way of Life

A New Way of Life works with All of Us or None (AOUON) and the Formerly Incarcerated and Convicted People's Movement (FICPM). Both are national grassroots organizing efforts comprised of formerly incarcerated individuals, their families and community allies.

P.O. Box 875288  
Los Angeles, CA 90087  
Phone: (323) 563-3445  
[www.anewwayoflife.org](http://www.anewwayoflife.org)

### Alliance for Children's Rights

The Alliance for Children's Rights is protecting the rights and futures of abused and impoverished children throughout Los Angeles County, in hopes of creating a world in which all children are able to have a safe and permanent family, access to quality health care, a quality education, and all of the support and services they so rightfully deserve.

3333 Wilshire Boulevard, Suite 550  
Los Angeles, CA 90010-4111  
Phone: (213) 368-6010  
Fax: (213) 368-6016  
<https://kids-alliance.org/>

### Centerforce

Centerforce is a reentry service provider in the San Francisco Bay Area, serving people with a history of incarceration, their families, and communities. We provide evidence-based programs that exemplify reentry best practices and have done so for over 40 years. Founded in 1977 to provide shelter to loved ones visiting prisoners at San Quentin, Centerforce now provides a broad range of services during incarceration, reentry, and after release. We work with correctional entities, probation departments, other non-profits and research institutions to design, implement and evaluate programs that support communities impacted by incarceration.

1904 Franklin Street, Suite #418  
Oakland, CA 94612

Phone: (510) 834-3457

[info@centerforce.org](mailto:info@centerforce.org)

<https://www.centerforce.ngo/>

## **Child Welfare Information Gateway – Protecting Children – Strengthening Families**

Child Welfare Information Gateway promotes the safety, permanency, and well-being of children, youth, and families by connecting child welfare, adoption, and related professionals as well as the public to information, resources, and tools covering topics on child welfare, child abuse and neglect, out-of-home care, adoption, and more.

Family-centered services for incarcerated parents, their children, and families focus on parenting programs, family strengthening activities, nurturing of family relationships, community supports for families during incarceration and following release, and gender-specific interventions. Resources include State and local examples.

Toll-Free Number: (800) 394-3366

<https://www.childwelfare.gov/topics/supporting/support-services/incarceration/>

## **Families and Criminal Justice**

Families & Criminal Justice envisions a future in which the development of every person is fostered by healthy relationships, supportive human networks, adequate community resources, equitable social policies and just economic systems.

Post Office Box 50-683

Los Angeles, CA 90050

Email: [WritetoFCJ@hotmail.com](mailto:WritetoFCJ@hotmail.com)

<https://www.familiesandcriminaljustice.org/>

## **Folsom Cordova Community Partnership**

The Folsom Cordova Community Partnership is a 501(c) 3 community-based non-profit. Our mission and vision support our work to: build strong families, meet the needs of struggling parents to increase self-sufficiency, promote youth development through positive peer and adult relationships and develop employment skills for individuals to achieve their career goals. We bring together resources and programming in a Family Resource Center and Job Center to create a “one-stop shop” experience, which encourages and supports families as they identify their own needs and reach their goals. We recognize that each family has strengths and encourage each family to build on these strengths to solve their own challenges.

Folsom Cordova Community Partnership

10665 Coloma Road, Suite 200

Rancho Cordova, CA 95670

Phone: (816) 361-8684

[info@thefccp.org](mailto:info@thefccp.org)

<http://www.thefccp.org/>

## **Get On The Bus**

A program of The Center for Restorative Justice Works Get On The Bus brings children and their caregivers from throughout the state of California to visit their mothers & fathers in prison for Mother’s Day and Father’s Day. Get On The Bus offers free transportation, lunch, stay connected packages and dinner for

the children and their caregivers to and from the prison.

Area Served: California. We currently serve, California Correctional Center (CCC), California Institute for Women (CIW), California Men’s Colony (CMC), California Substance Abuse Treatment Facility (CSATF), Central California Women’s Facility (CCWF), Corcoran State Prison (CSP), Correctional Training Facility (CTF), Federal Correctional Institute, Dublin (FCI – Dublin), Folsom State Prison (FSP), Folsom Women’s Facility (FWF), High Desert State Prison (HDSP), San Quentin State Prison (SQSP), Salinas Valley State Prison (SVSP), Valley State Prison (VSP)

2350 W. Beverly Blvd.

Montebello, CA 90640

Phone: (818) 980-7714

E-mail: [lrios@crjw.org](mailto:lrios@crjw.org) or [info@crjw.org](mailto:info@crjw.org)

[www.crjw.us](http://www.crjw.us)

### **Jesuit Institute for Family Life International Network**

JIFLiNET has provided counseling services at centers all over the world in the following areas: Marriage Counseling, Family Therapy, Child and Adolescent Counseling, Individual Counseling, Group Counseling.

JIFLiNET Counseling Centers are staffed by competent professional counselors that serve a wide range of age groups, races, socio-economic and educational backgrounds reflecting the rich variety of families.

[www.jiflinet.com](http://www.jiflinet.com)

**Los Altos** (650) 948-4854

**Santa Rosa** (707) 526-1167

**Sonoma** (707) 938-0523

**San Francisco** (415) 422-2188

**San Jose** (408) 265-4040

**East San Jose** (408) 729-0101

**South San Jose\*** (408) 223-1562

**Sacramento** (916) 482-9666

**Petaluma** (707) 765-1009

**San Diego\*** (619) 231-2828

**Alpine\*** (619) 445-2145

**Gilroy\*** (408) 847-5151

**Healdsburg** (707) 433-9777

**Morgan Hill** (408) 779-3959

\*Se Habla Español

### **Legal Services for Prisoners with Children (LSPC)**

LSPC organizes communities impacted by the criminal justice system and advocates to release incarcerated people, to restore human and civil rights, and to reunify families and communities. We build public awareness of structural racism in policing, the courts, and the prison system, and we advance racial and gender justice in all our work.

4400 Market Street

Oakland, CA 94102

Phone: (415) 255-7036

Fax: (415) 552-3150

<https://prisonerswithchildren.org/>

### **Legal Aid Foundation of Los Angeles**

For 80 years, the Legal Aid Foundation of Los Angeles (LAFLA) has been providing civil legal services to poor and low-income people in Los Angeles County. In 2001, we merged with the Legal Aid Foundation of Long Beach, resulting in more resources and a greater reach to people in need. Now

with six neighborhood offices, three Domestic Violence Clinics, four Self Help Legal Access Centers, LAFLA serves communities as diverse as East Los Angeles, the Westside, South Los Angeles, Pico-Union, Koreatown and Long Beach.

Central Office (213) 640-3881  
East Los Angeles (213) 640-3883  
Long Beach Office (562) 435-3501  
West Office (323) 801-7989  
Santa Monica Office (310) 899-6200  
South Los Angeles Office (213)-640-3950  
<http://www.lafla.org/index.php>

### Legal Aid Society of San Diego

Legal Aid is available to low income individuals & disadvantaged communities for a variety of legal problems, including consumer, family disputes, welfare and health benefits, immigration and poverty law issues such as landlord/tenant disputes, disability support and family benefits payments. Federal Poverty Income Guidelines determine eligibility for free legal services.

Legal Help: 1-877-534-2524  
Health Related: 1-877-734-3258  
TTY: 1-800-735-2929  
<http://www.lasds.org/>

### Legal Services of Northern California

The mission of Legal Services of Northern California is to provide quality legal services to empower the poor to identify and defeat the causes and effects of poverty within our community, efficiently utilizing all available resources. For over 60 years Legal Services of Northern California (LSNC) has been fighting for the civil rights of clients.

Legal Services of Northern California (LSNC)  
Executive Office | Finance Department  
517 - 12th Street  
Sacramento, CA 95814  
Phone: (916) 551-2150  
Fax: (916) 551-2195  
<https://lsnc.net/>

LSNC has **eight local offices**, in the following locations and counties:

**Auburn** - Local office serving Amador, Calaveras, El Dorado, Nevada, Placer and Sierra counties.

Legal Services of Northern California  
190 Reamer Street  
Auburn, CA, 95603

Phone: (530) 823-7560  
Toll-free: (800) 660-6107  
Fax: (530) 823-7601  
<https://lsnc.net/office/auburn>

**Chico** - Local office serving Butte, Colusa, Glenn and Plumas counties.

Legal Services of Northern California

541 Normal Avenue

Chico, CA 95928

Phone: (530) 345-9491

Toll Free: (800) 345-9491

Fax: (530) 345-6913

<https://lsnc.net/office/chico>

**Eureka** - Local office serving Del Norte, Humboldt and Trinity counties.

Legal Services of Northern California

123 Third Street

Eureka, CA 95501

Phone: (707) 445-0866

Fax: (707) 445-0935

Del Norte County Toll Free: (800) 972-0002

Senior Legal Assistance Program: (707) 443-9747 ext. 245

<https://lsnc.net/office/eureka>

**Redding** - Office serving Lassen, Modoc, Shasta, Siskiyou and Tehama counties.

Legal Services of Northern California

1370 West Street

Redding, CA 96001

Phone: (530) 241-3565

Fax: (530) 241-3982

Toll Free: (800) 822-9687

<https://lsnc.net/office/redding>

**Ukiah** - Local office serving Lake and Mendocino counties.

Legal Services of Northern California

421 North Oak Street

Ukiah, CA 95482

Phone: (707) 462-1471

Toll free: (877) 529-7700

Fax: (707) 462-9483

<https://lsnc.net/office/ukiah>

**Vallejo** - Local office serving Solano county.

Legal Services of Northern California

1810 Capitol Street

Vallejo, CA 94590

Phone: (707) 643-0054

Fax: (707) 643-0144

<https://lsnc.net/office/vallejo>

**Woodland** - Local office serving Yolo county.  
Legal Services of Northern California  
619 North Street  
Woodland, CA 95695

Phone: (530) 662-1065

Phone: (916) 447-5798

Fax: (530) 662-7941

<https://lsnc.net/office/woodland>

### **Prisoner Reentry Network**

Prisoner Reentry Network is dedicated to promoting successful transitions from incarceration to the community through advocacy, public education, community building, and distributing information to people anticipating release.

1201 Martin Luther King Jr. Way #200

Oakland, California 94612

No Phone number available. Email for more information.

[info@prisonerreentrynetwork.org](mailto:info@prisonerreentrynetwork.org)

<https://www.prisonerreentrynetwork.org/organization>

### **POPS the Club**

POPS the Club, Inc. is a nonprofit dedicated to creating and supporting clubs in high schools across the country for students whose lives have been touched by prison. We are arts-based, publishing POPS students' works (writing and artwork) in annual anthologies. We support in-school clubs that offer camaraderie, nurturing, compassion, and community for those who too often carry around the pain associated with having an association to prison—those with loved ones who are or have served time and those who have themselves served time.

4160 Lyceum Avenue

Los Angeles, CA 90066

Phone: (310) 709-2484

E-mail:[popsvenice@gmail.com](mailto:popsvenice@gmail.com)

<https://popsclubs.org/>

### **Project WHAT!**

Raises awareness about the impacts of parental incarceration on children, with the long-term goal of improving services and policies that affect these children. WHAT! stands for We are Here & Talking. Over 7 million children have a parent under supervision of the criminal justice system—on parole, probation, or incarcerated.

Phone (510) 649-8239

[projectwhat@gmail.com](mailto:projectwhat@gmail.com)

### **Transition4Success**

A program of the Center For Restorative Justice Works, Transition4Success provides employment and training opportunities for formerly incarcerated individuals, at the Center for Restorative Justice Works headquarters.



Our mission is to support positive post-prison outcomes for returned citizens by giving them a sense of self-worth, while also helping them adjust back into normalcy. Participants receive up to six months of paid, hands-on experience working in a modern office setting, along with coaching and feedback in an environment that supports their successful transition.

2350 W. Beverly Blvd.  
Montebello, CA 90640  
Phone: (818) 980-7714  
E-mail: [info@crjw.org](mailto:info@crjw.org)  
[www.crjw.us](http://www.crjw.us)

# COVID-19 RESOURCES

## General Information for COVID-19

American Red Cross  
[www.preparesocal.org](http://www.preparesocal.org)

California Coronavirus COVID-19 Response:  
<https://covid19.ca.gov/>  
<https://covid19.ca.gov/healthcare/>

California Department of Public Health:  
<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/nCOV2019.aspx>

Centers for Disease Control and Prevention  
<https://www.cdc.gov/>

FEMA Assistance  
If your home or job was impacted by disaster, you may qualify for FEMA Individual Assistance.  
<https://www.disasterassistance.gov/>

Social Security Administration  
Social Security Administration programs are a great resource for qualifying customers, helping with retirement planning, Medicare prescriptions, and financial assistance.  
[www.ssa.gov](http://www.ssa.gov)

U.S. Small Business Administration  
<https://www.sba.gov/page/coronavirus-covid-19-small-business-guidance-loan-resources>

## 2-1-1

2-1-1 is a free, confidential phone service available 24/7 to assist you and your family during emergencies and with everyday needs. Services vary by community, but the list below gives a well-rounded sampling of the help that may be available to you:

- Financial / Public Assistance Programs
- Housing Assistance / Emergency Shelter Programs
- Parenting Resources
- Mental Health Services
- Legal Services
- Food Bank / Hot Meal Center Information
- Employment Services
- Transportation Services

Please see map below for 211 service area.

## 211 – Service Area (Areas served by 211)



### Disaster Distress Helpline

The outbreak of coronavirus (COVID-19) may be stressful for people. Coping with stress will make you, the people you care about, and your community stronger. Stress during an infectious disease outbreak can include:

- Fear and worry about your own health and the health of your loved ones
- Changes in sleep or eating patterns
- Difficulty sleeping or concentrating
- Worsening of chronic health problems
- Worsening of mental health conditions
- Increased use of alcohol, tobacco, or other drugs

If you feel any of the following please call: **1 (800) 985-5990** or text **Talk With Us to 66746**

### Coping with Stress During Infectious Diseases (Can be applied to anyone)

English

[http://file.lacounty.gov/SDSInter/dmh/1069578\\_CommunicableDisease-StrategiesforCoping-FinalEnglish.pdf](http://file.lacounty.gov/SDSInter/dmh/1069578_CommunicableDisease-StrategiesforCoping-FinalEnglish.pdf)

Spanish

[http://file.lacounty.gov/SDSInter/dmh/1069585\\_CommunicableDisease-StrategiesforCoping-FinalSpanish.pdf](http://file.lacounty.gov/SDSInter/dmh/1069585_CommunicableDisease-StrategiesforCoping-FinalSpanish.pdf)

### **Staying Connected During Physical Distancing (Can be applied to anyone)**

The following demonstrates how to overcome loneliness during the COVID-19 Pandemic and how one can stay connect with friends and families.

English:

[http://file.lacounty.gov/SDSInter/dmh/1071721\\_StayingConnectedDuringPhysicalDistancing.pdf](http://file.lacounty.gov/SDSInter/dmh/1071721_StayingConnectedDuringPhysicalDistancing.pdf)

Spanish:

[http://file.lacounty.gov/SDSInter/dmh/1071722\\_StayingConnectedDuringPhysicalDistancing\\_SP.pdf](http://file.lacounty.gov/SDSInter/dmh/1071722_StayingConnectedDuringPhysicalDistancing_SP.pdf)

### **Domestic Violence Hotline - National**

Avoiding public spaces and working remotely can help to reduce the spread of COVID-19, but for many survivors, staying home may not be the safest option. If any of the following sound like they may be happening to you or a loved one, please reach for help.

- Abusive partners may withhold necessary items, such as hand sanitizer or disinfectants.
- Abusive partners may share misinformation about the pandemic to control or frighten survivors, or to prevent them from seeking appropriate medical attention if they have symptoms.
- Abusive partners may withhold insurance cards, threaten to cancel insurance, or prevent survivors from seeking medical attention if they need it.

**The National Domestic Violence Hotline is 1 (800) 799-7233 or 1 (800) 787-3224 for TTY you may also text LOVEIS to 22522**

### **Food Assistance**

If you have lost income and/or employment due to COVID-19, or are experiencing food insecurities in general, please see below for resources.

The CalFresh Program supplements your food budget by offering monthly benefits through an electronic card. Use the card to purchase food at participating stores. Participants must meet program qualifications, and terms and conditions apply.

CalFresh Information

[www.calfresh.ca.gov](http://www.calfresh.ca.gov)

Phone: (877) 847-3663

### **Local Food Banks**

Central California Food Bank

<https://ccfoodbank.org/food-locator/>

Phone: (559) 237-3663

California Food Bank of Sacramento of California

<https://www.foodbanks.net/sacramento-ca/>

Phone: (916) 387-900

Madera County Food Bank

<http://maderafoodbank.com/programs/>

Phone: (559) 674-1482

Merced County Food Bank

<https://mmcfb.org/get-help/>

Phone: (209) 726-3663

Food Bank of Southern California

<https://www.foodbankofsocal.org/>

Phone: (562) 435-3577

Food Link Tulare County

<http://new.foodlinktc.org/get-help/>

Phone: (559) 592-0117

Los Angeles Regional Food Bank

<https://www.lafoodbank.org/>

Phone (323) 234-3030

San Luis Obispo Food Bank

<https://www.slofoodbank.org/food-locator/>

Phone: (805) 238-4664

Santa Barbara County Food Bank

<https://foodbanksbc.org/get-help/>

Phone: (805) 967-5741

San Bernardino County Community Action

Not only has information on food pantries, but may be able to coordinate financial assistance, housing, and other forms of aid for the needy.

<https://www.capsbc.org/>

Phone: (909) 723-1500

Second Harvest Food Bank

<https://www.localfoodbank.org/food-pantry.html-referrals.html>

Phone: (209) 239-2091

Stockton Food Bank

<http://www.stocktonfoodbank.org/Get-Food/Coronavirus>

Phone: (209) 464-7369

Free Meal Distribution for Seniors 60+

Please open the following PDF Document to view free meal distribution near you

<https://www.sanjoseca.gov/home/showdocument?id=56299>

Free Meal Distribution for Children under the age of 18

Please open the following PDF Document to view free meal distribution near you

<https://www.sanjoseca.gov/home/showdocument?id=56301>

## Help with Income Loss

Those experiencing loss of income due to COVID-19 may qualify for some benefits in California.

### Unemployment Benefits

You may be eligible for unemployment if:

- If an employer has either reduced your work hours or shut down due to COVID-19.
- If you have to miss work to care for you children due to school closures, and you do not have alternative care or remote work options.

For more information about filing an unemployment claim please visit

[https://edd.ca.gov/Unemployment/Filing\\_a\\_Claim.htm](https://edd.ca.gov/Unemployment/Filing_a_Claim.htm).

### Paid Family Leave Benefits

- You may be eligible for paid family leave if you must miss work to care for someone who is ill or quarantined due to COVID-19.

For more information about filing a paid family leave claim please visit

[https://edd.ca.gov/Disability/How\\_to\\_File\\_a\\_PFL\\_Claim\\_in\\_SDI\\_Online.htm](https://edd.ca.gov/Disability/How_to_File_a_PFL_Claim_in_SDI_Online.htm).

### Employers Experiencing a Loss of Business

Employers who are experiencing loss of business may also qualify for some benefits through California's Work Sharing program. To learn more about the program please visit

[https://www.edd.ca.gov/Unemployment/Work\\_Sharing\\_Program.htm](https://www.edd.ca.gov/Unemployment/Work_Sharing_Program.htm).

Small businesses can apply for an Economic Injury Disaster Loan from the U.S Small Business Administration at: <https://disasterloan.sba.gov/ela/>.

## Internet Services

There are several internet providers offering 60-day FREE services due to COVID-19, with services available to continue for as low as \$9.95/month thereafter. In certain zip codes, free Chromebooks are also being offered. Call your local subscriber for information.

## Project Base Line

Provides free Testing for COVID-19, to see your nearest location go to their website and enter your email for further instructions. Website: [www.projectbaseline.com/study/covid-19/](http://www.projectbaseline.com/study/covid-19/)

## Rent or Mortgage

Gov. Gavin Newsom issued an executive order 3/17/20 that allows local jurisdictions to halt evictions for renters and homeowners, as well as requests banks and financial institutions to stop foreclosures, through May 31. This does not prevent eviction or foreclosure.

For Fresno renters, the City Council established a month-long moratorium on evictions on March 19. Renters must formally notify their landlord if the COVID-19 crisis has impacted their ability to pay rent. Landlords would then be required to allow at least six months for tenants to catch up on their rent.

If you live in public housing, the Department of Housing and Urban Development (HUD) has announced a national eviction moratorium, for tenants who cannot pay rent due to coronavirus impacts. For

homeowners with a Federal Housing Administration (FHA) backed mortgage, HUD announced that it is suspending all foreclosure and eviction actions for the next 60 days, through mid-May. Learn more at the **HUD website** <https://www.hud.gov/>.

## Social and Emotional Wellness Tips

In these challenging times, it's important to be mindful of your own mental and emotional health and the mental and emotional wellness of your family. Take time each day to do things that bring you joy or help you relax: take a walk (while maintaining physical distancing guidelines), play a game with your family, cook a healthy meal together, or watch a favorite movie. Here are some tips to take care of yourself during this difficult time:

- Limit your time on social media/news outlets – constant immersion in stressful information (and sometimes misinformation!) can cause negative emotional impact.
- Obtain updates and news from reliable sources, such as your state, county and city government and public health departments, the CDC and World Health Organization (WHO).
- Social distancing practices are important, but so are human relationships. In-person contact should be limited, but not use of technology! Stay in touch with friends and family with phone calls, FaceTime or other video chat services.
- Maintain your normal sleep/wake cycles and create a daily routine if you are experiencing schedule changes due to school closures, work closures/reduction in hours.
- Keeping a consistent routine will help reduce anxiety and offer healthy means of distraction.
- Take care of your body by eating healthy foods, getting enough rest and drinking plenty of fluids.

Other Resources for Families:

- Working and Learning from Home During the COVID-19 Outbreak – [www.HealthyChildren.org](http://www.HealthyChildren.org)
- Tips for Staying Connected, Active and Engaged as a Family - Coronavirus Resources from [www.PreventChildAbuse.org](http://www.PreventChildAbuse.org)

**Suicide Prevention Hotline** – Toll Free Hot-Line 1 (800) 273-8255

## Social-Emotional Support for Children/Teens

If you are concerned about your child's social emotional well-being, please complete the referral form at <https://natomasunified.org/gethelp/>. Referrals are confidential and are forwarded by email to the administrative team in the Student Services and Support Department. Only those individuals with a need to know will be informed of the referral. All referrals will be responded to as soon as possible with a maximum response time not to exceed 24 hours. Referral forms in English and Spanish are available.

- **The Teen Line is open evenings 6:00 AM – 10:00 PM) at 1(800) 852-8336.**
- **Suicide Prevention Hotline at 1 (800) 273-8255.**

## Utility Support

Your city's public works/utilities department may offer special supports if you are experiencing financial stress as a result of COVID-19.

PG&E has instituted a voluntary moratorium on service disconnections due to non-payment, effective immediately and continuing until further notice. Please visit the **PG&E COVID-19 resource and FAQ page** at [https://www.pge.com/en\\_US/about-pge/company-information/protective-protocols/covid19-protections.page](https://www.pge.com/en_US/about-pge/company-information/protective-protocols/covid19-protections.page) for more information regarding payment arrangements and additional supportive needs.

**Southern California Edison** <https://www.sce.com/safety/coronavirus> and **Southern California Gas** <https://www.socalgas.com/coronavirus> have information on their websites about resources for these utilities for families.

For Fresno residents, the city has issued a 30-day moratorium as of March 16 on shutting off water or garbage services in case of non-payment due to COVID-19 impacts.

For Clovis residents, the city has suspended water shut offs in case of nonpayment until further notice.

***If you need additional information or support, please call our office at (818) 980-7714 or email [info@crjw.org](mailto:info@crjw.org).***